Practical Implementation Strategies

Local Planning & Design for Active Transportation

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Outline

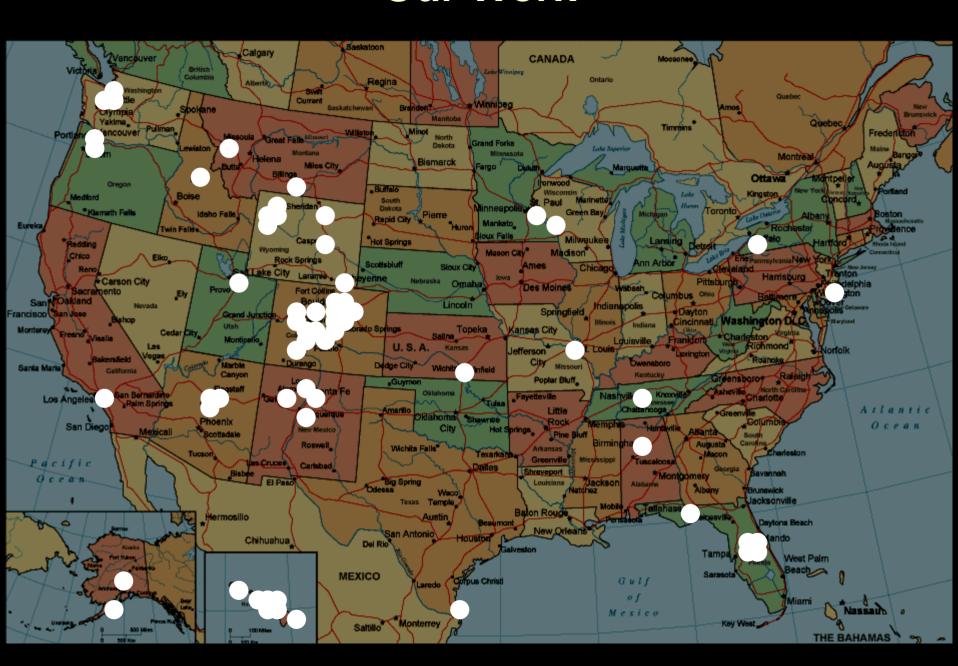
- Introduction
- > Local Planning
 - ✓ Pedestrian Environments
 - ✓ Bicycling & Non-Motorized Systems
- Implementation Examples

Introduction

Practical Implementation Strategies

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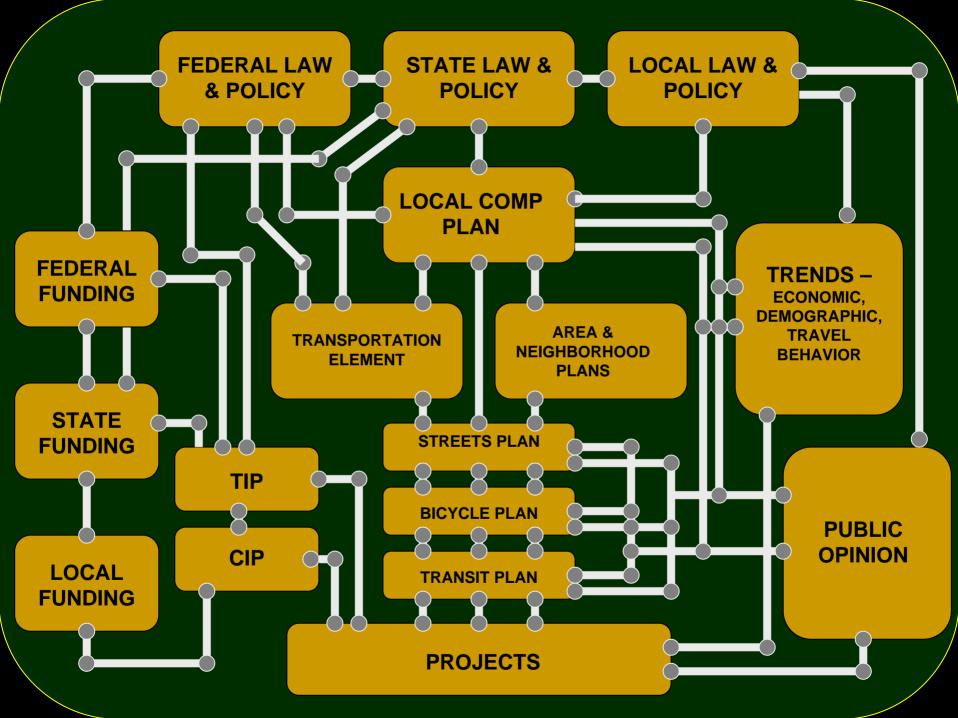
Our Work





Institutional Setting

MN/2/



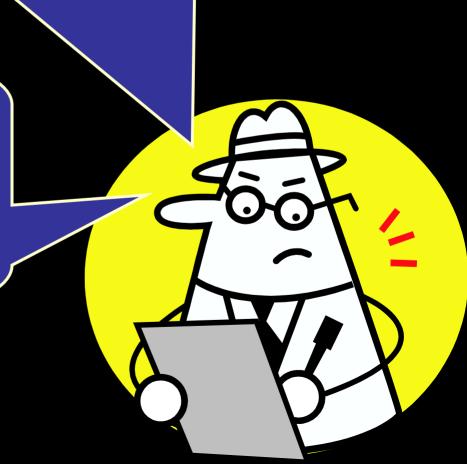
3 Popular Planning Myths

...and how to dispel them

MN/2/

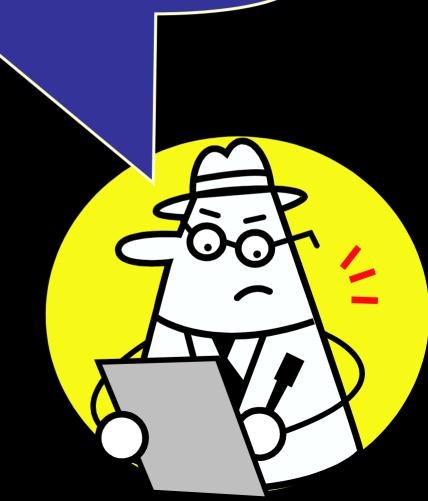
We don't have time to do it right.

(But we will have time to do it over.)





We need to finish this plan once and for all.



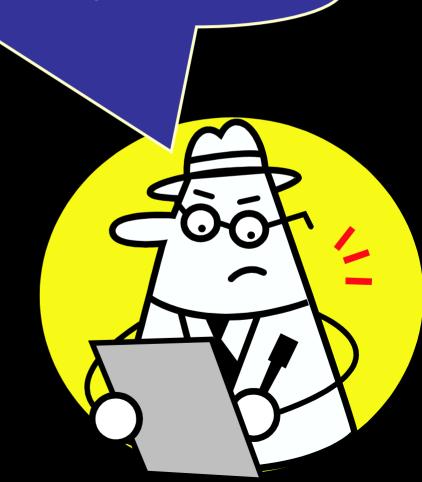


Planning is iterative...

...it is never finished or complete.

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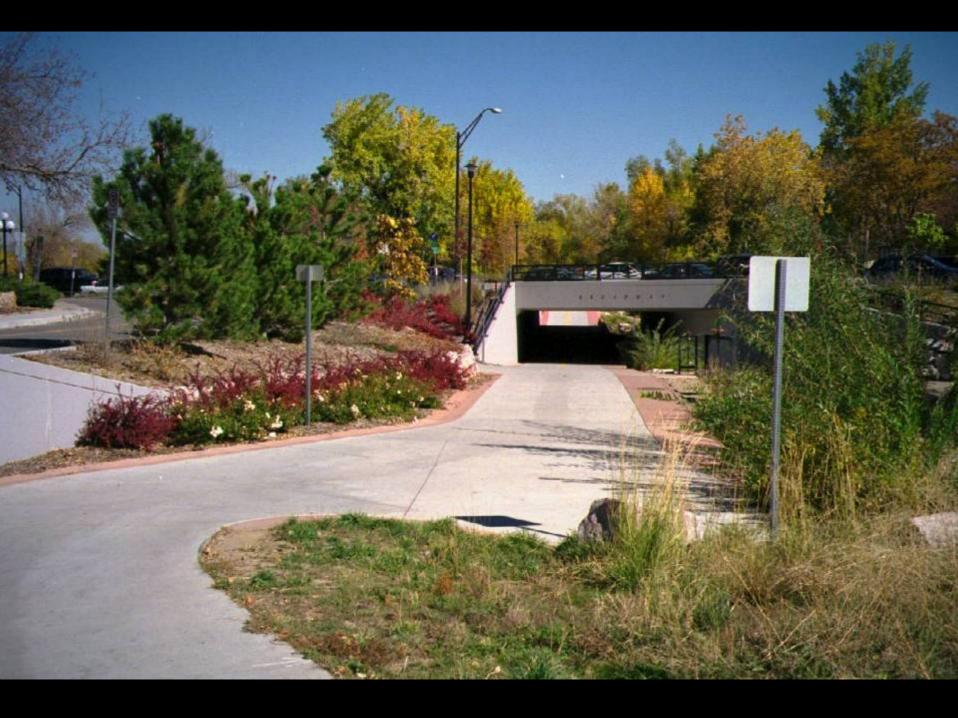
Never start planning or design until you know for sure you have the money to build the project.



Money comes to plans...

...much faster than plans come to money.

MN/2/



Local Planning

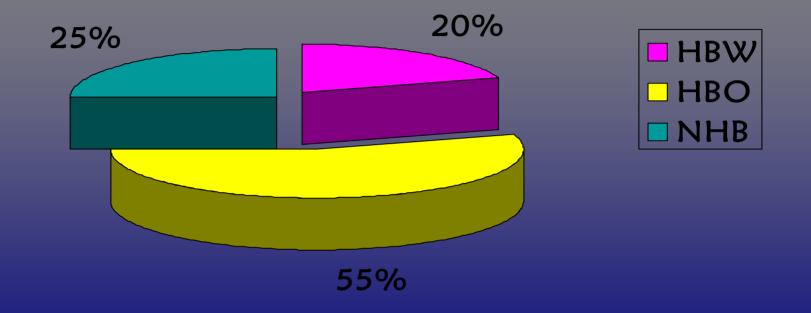
Practical Implementation Strategies

M10-5

Terms and Concepts

- Trip purpose
- > Travel mode

Typical Urban Trip Purpose Distribution

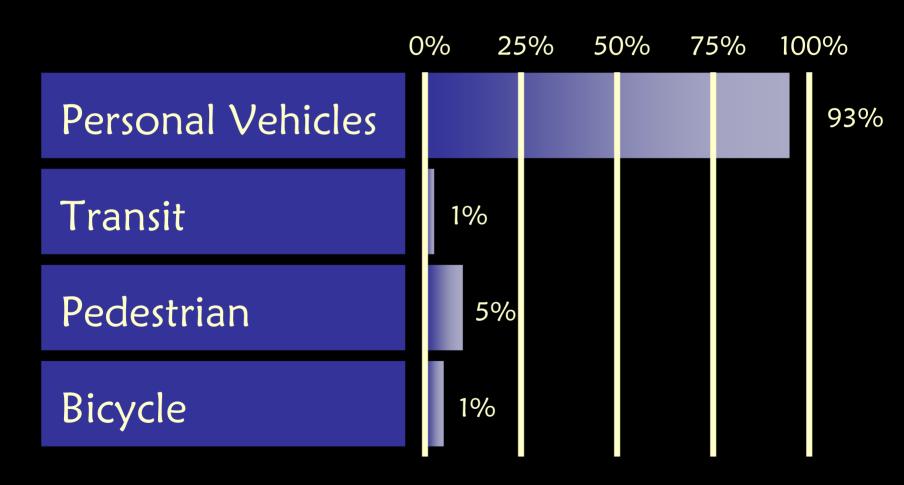


HBW = Home-Based Work (Commuting)

HBO = Home-Based Other (Shopping, Recreation, "Mommy 500")

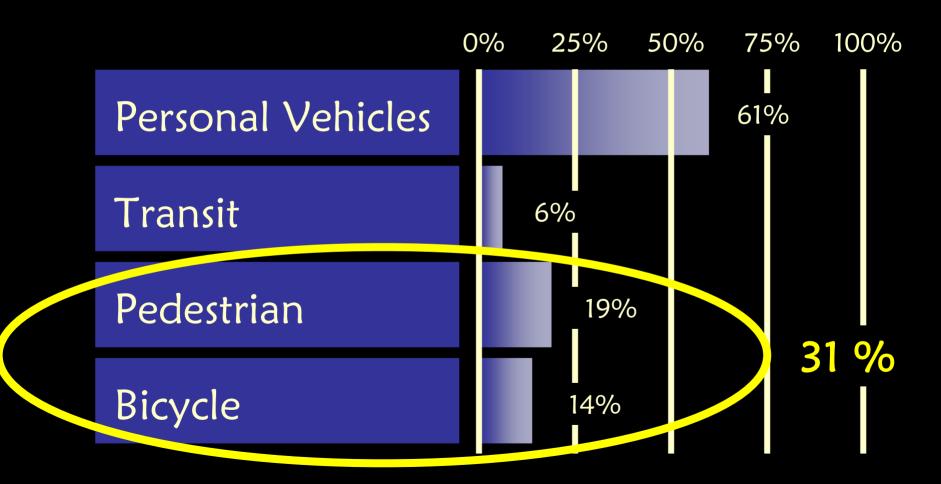
NHB = Mid-Day Trips, Deliveries, Work Trips, Other

Mode Share* - Typical Small City



* % of trips

Mode Share* – Boulder



* % of trips



Household Expenditures

Tobacco products and smoking supplies Alcoholic beverages Personal care products and services **Miscellaneous Education & Reading Cash contributions Apparel and services Entertainment** Healthcare **Personal insurance and pensions** Food **Transportation** Housing



Three Car Family

	Mom	Dad	Daughter
Monday	SOV	SOV	SOV
Tuesday	SOV	SOV	SOV
Wednesday	SOV	SOV	SOV
Thursday	SOV	SOV	SOV
Friday	SOV	SOV	SOV
Saturday		SOV	
Sunday	varies	varies	varies

Two Car Family

	Mom	Dad	Daughter
Monday	SOV	Transit	SOV
Tuesday	SOV	SOV	Bike
Wednesday	SOV	Transit	SOV
Thursday	SOV	SOV	Bike
Friday	Bike	Transit	SOV
Saturday		SOV	
Sunday	varies	varies	varies



Local Planning

- Pedestrian Environments
- Bicycle & Non-Motorized Networks

Local Planning

- Pedestrian Environments
- Bicycle & Non-Motorized Networks



Pedestrian Environments

Practical Implementation Strategies



Pedestrian Environments

- What are pedestrians?
- > Types of pedestrians
- Types of pedestrian environments
- Setting clear priorities
- > Distinguishing urban from suburban design
- Understanding the crossings challenge
- > Safe routes to school

Types of Walking



Types of Walking

- Rambling
- > Utilitarian Walking
- > Strolling, Lingering
- Promenading
- > Special Events

Rambling

MN/2/

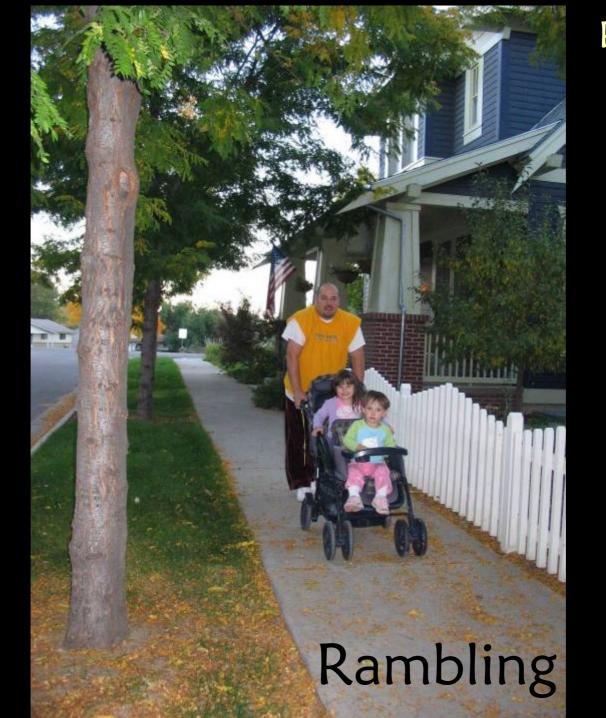








Prospect



Utilitarian Walking









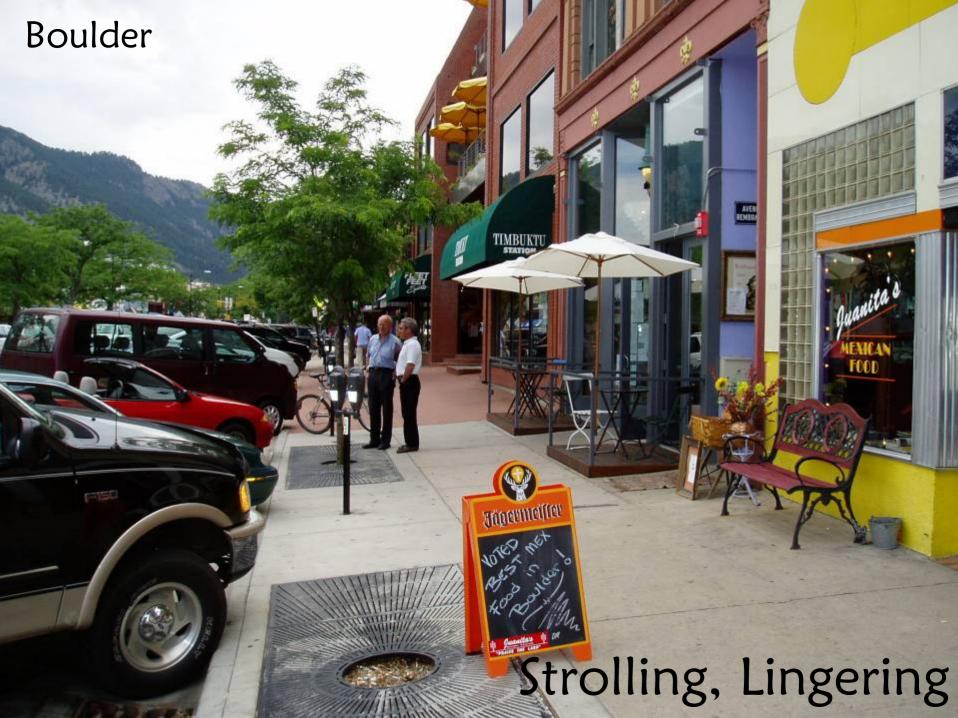
Strolling & Lingering

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Promenade



Special Events





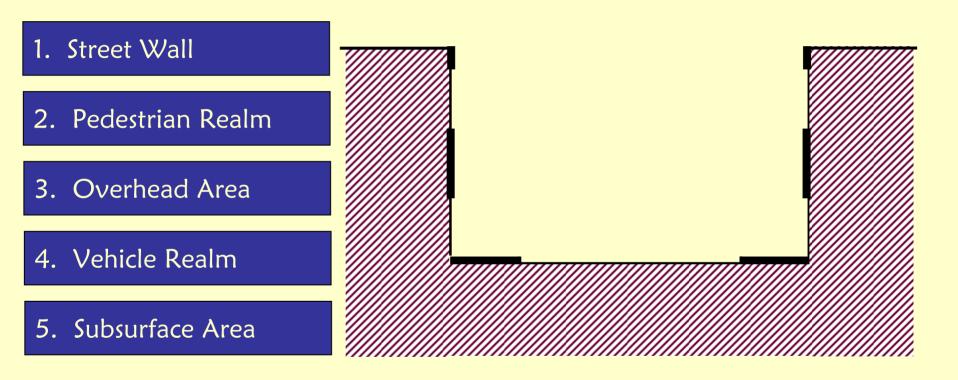
The Pedestrian Environment

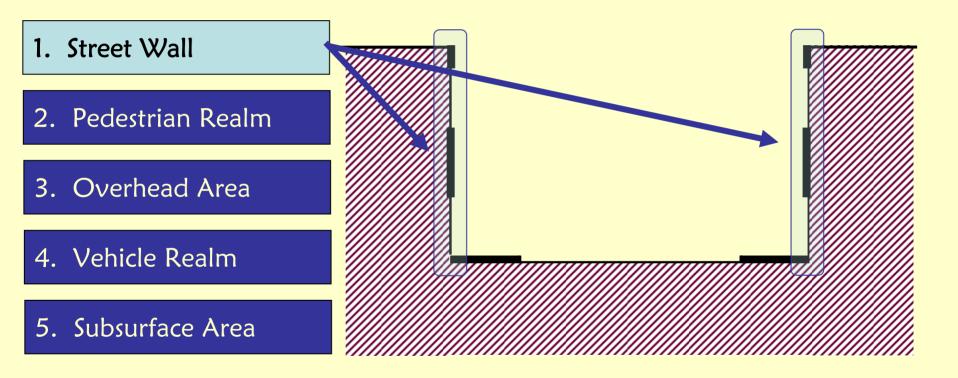
The Street Room

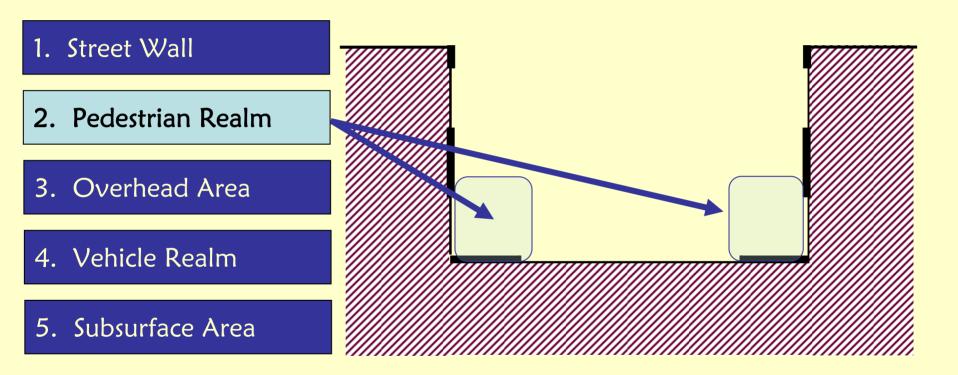


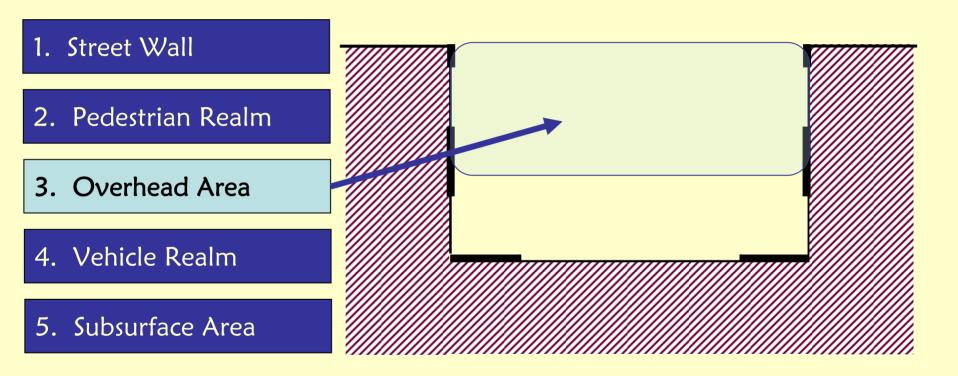


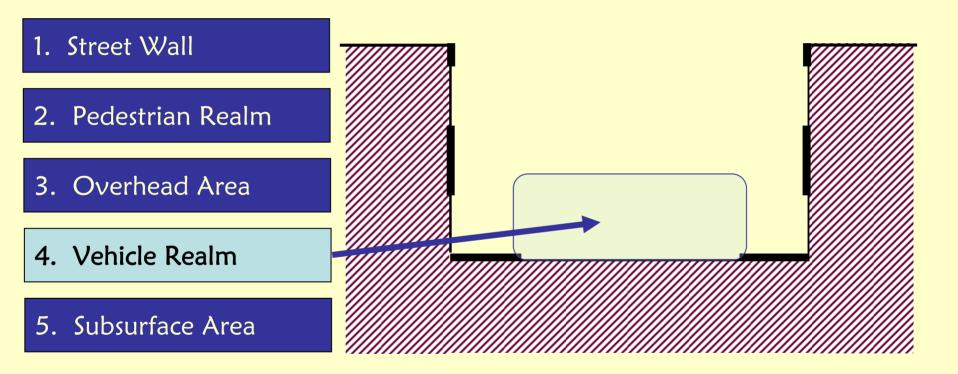


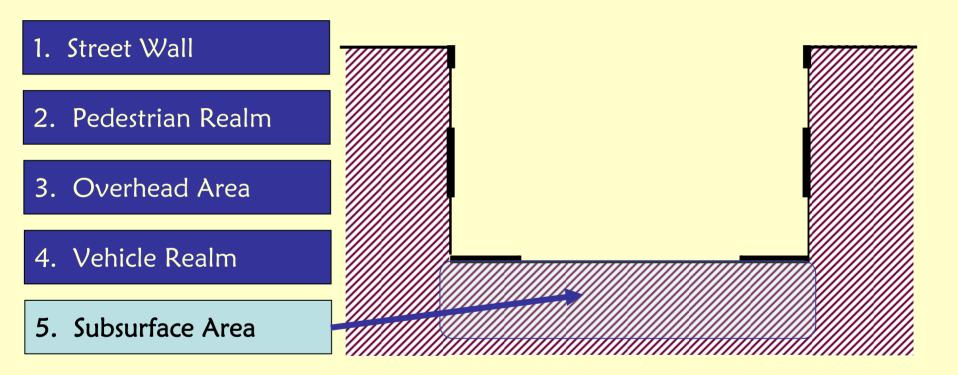




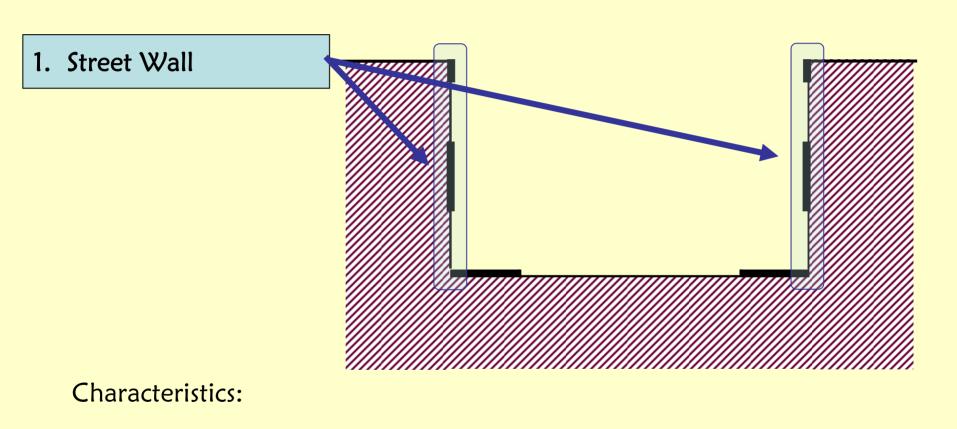






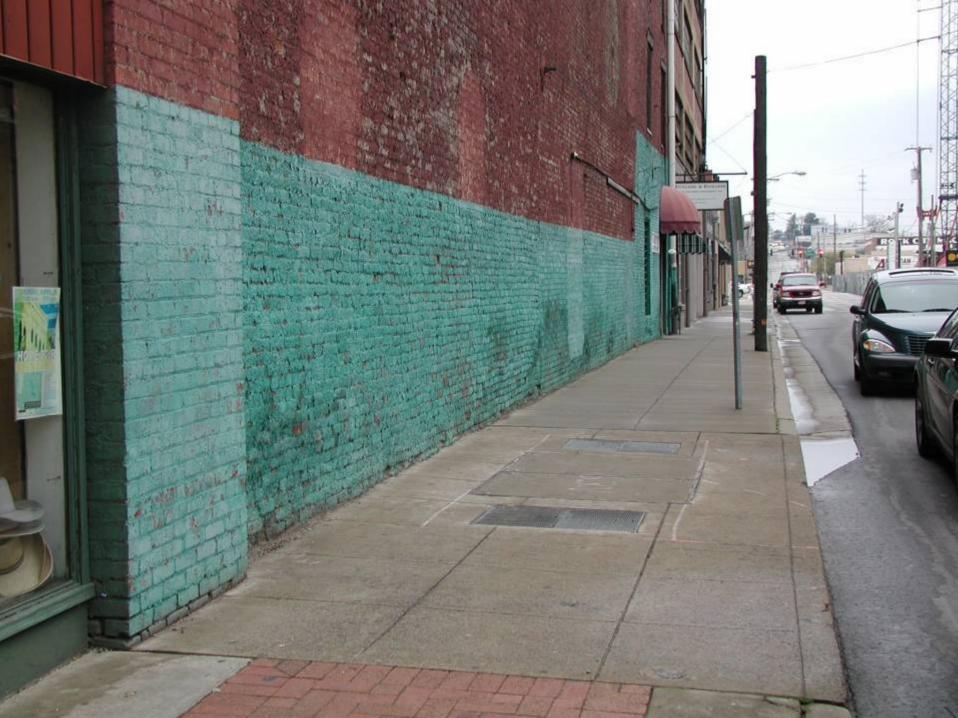


Characteristics of Street Elements



Height Building Articulation Entry Frequency

Urban Scale Transparency/Glazing Canopies & Arcades









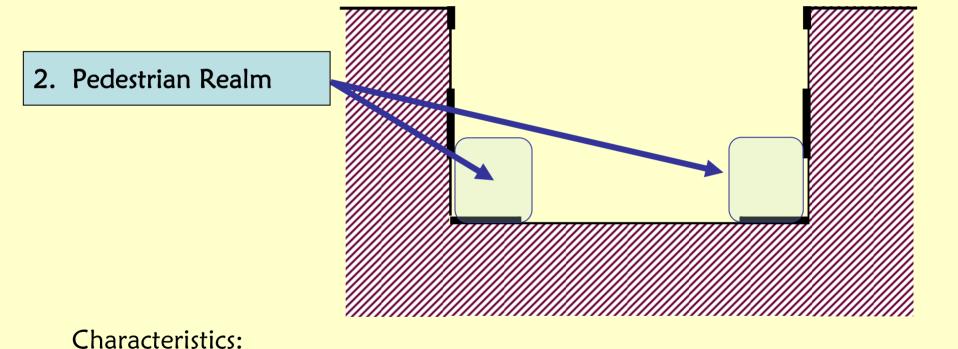




Cross Section

Canopies & Arcades

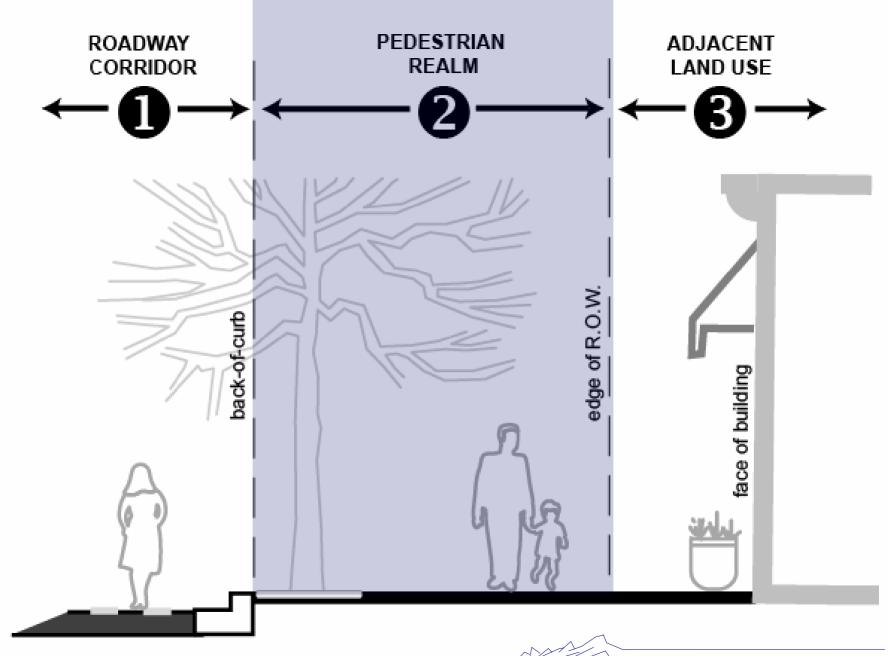
Characteristics of Street Elements



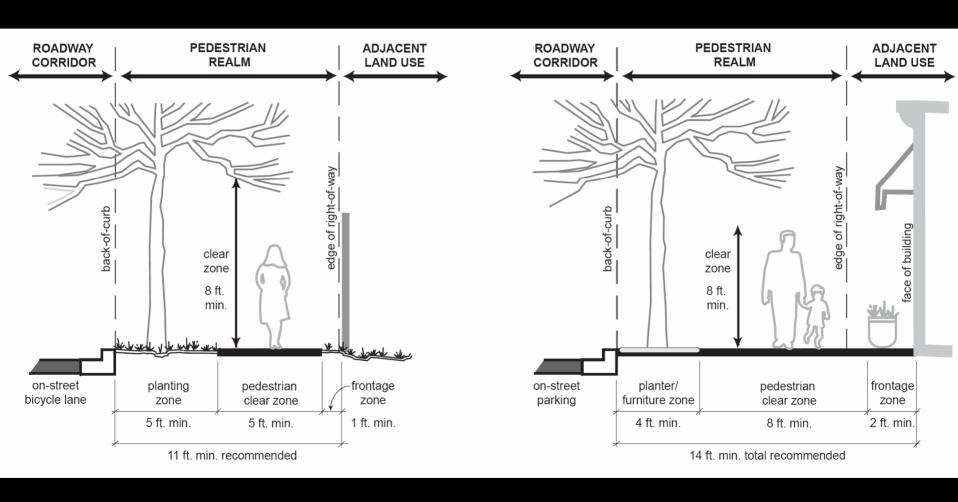
Amenities

Crosswalks

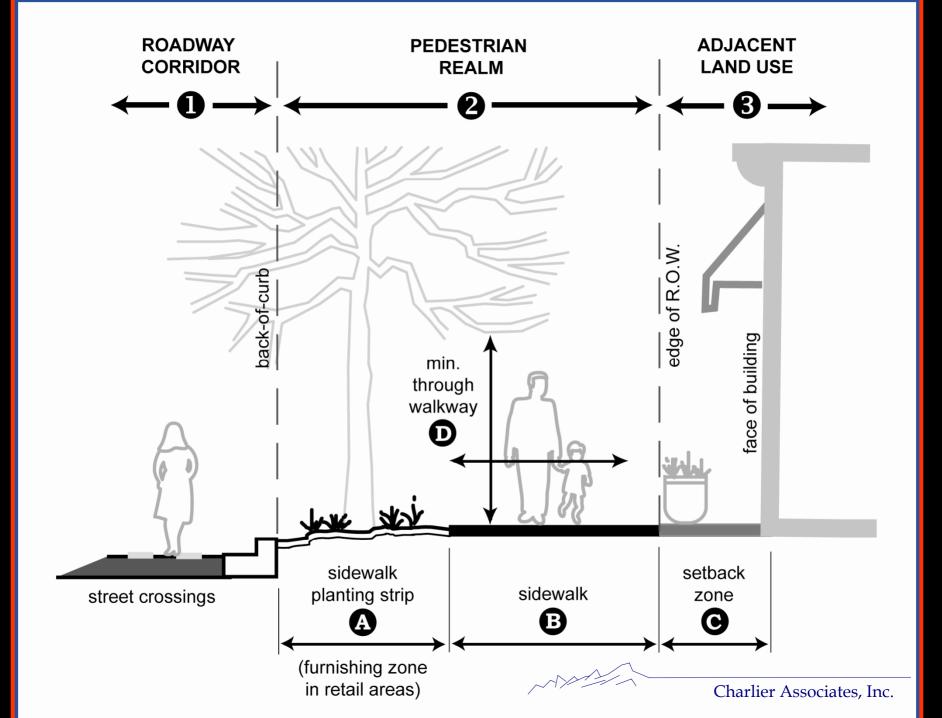
Street Trees

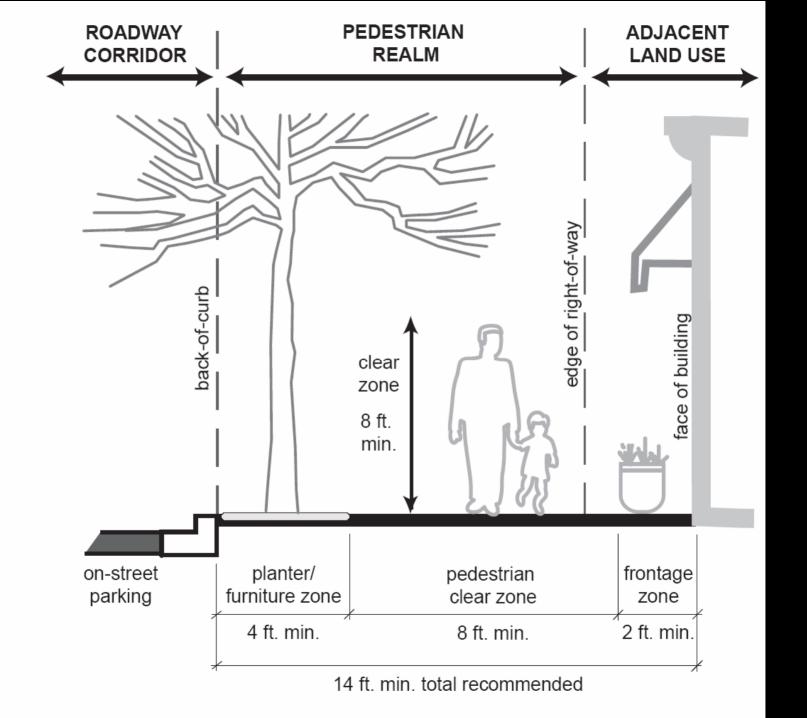


Charlier Associates, Inc.















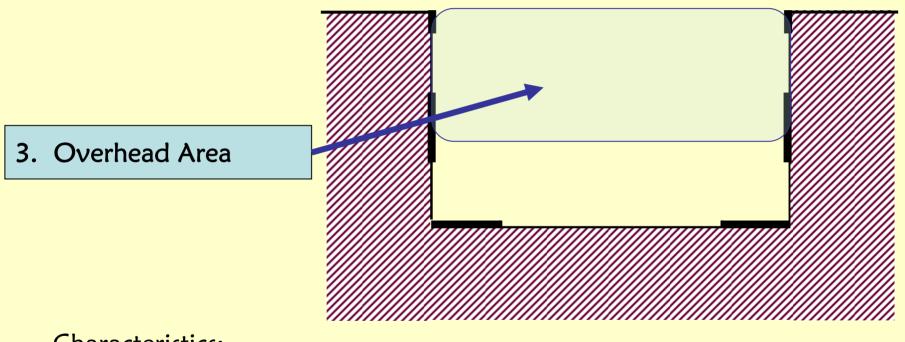








Characteristics of Street Elements

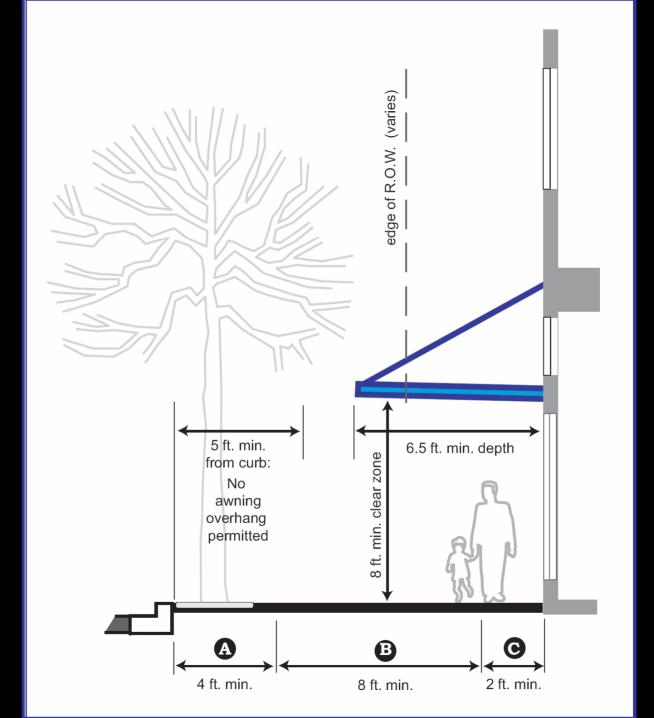


Characteristics:

Utilities Street Trees

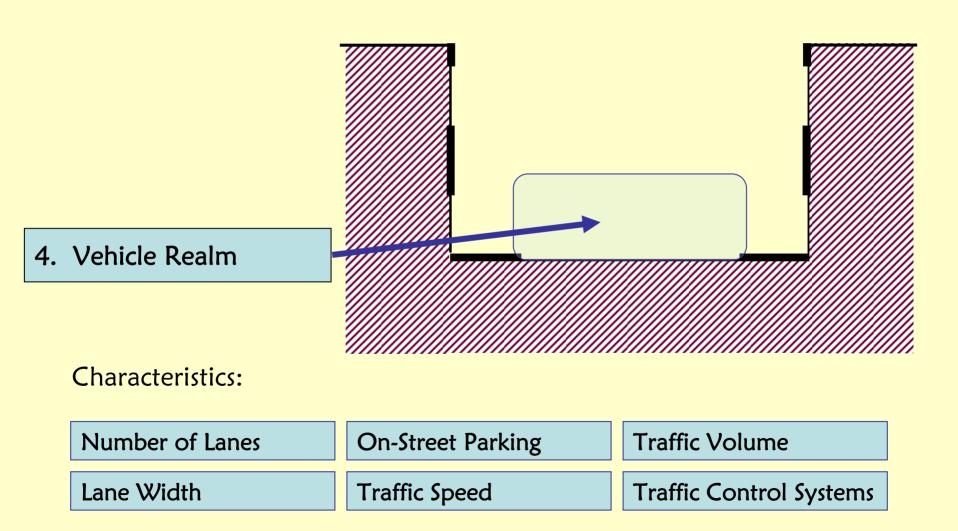
Lighting Canopies & Arcades







Characteristics of Street Elements



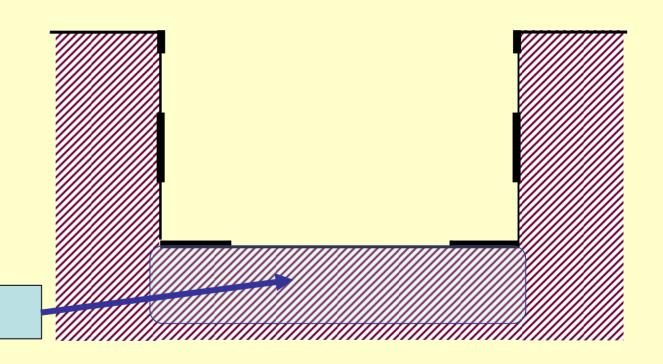
Traffic Buffering







Characteristics of Street Elements

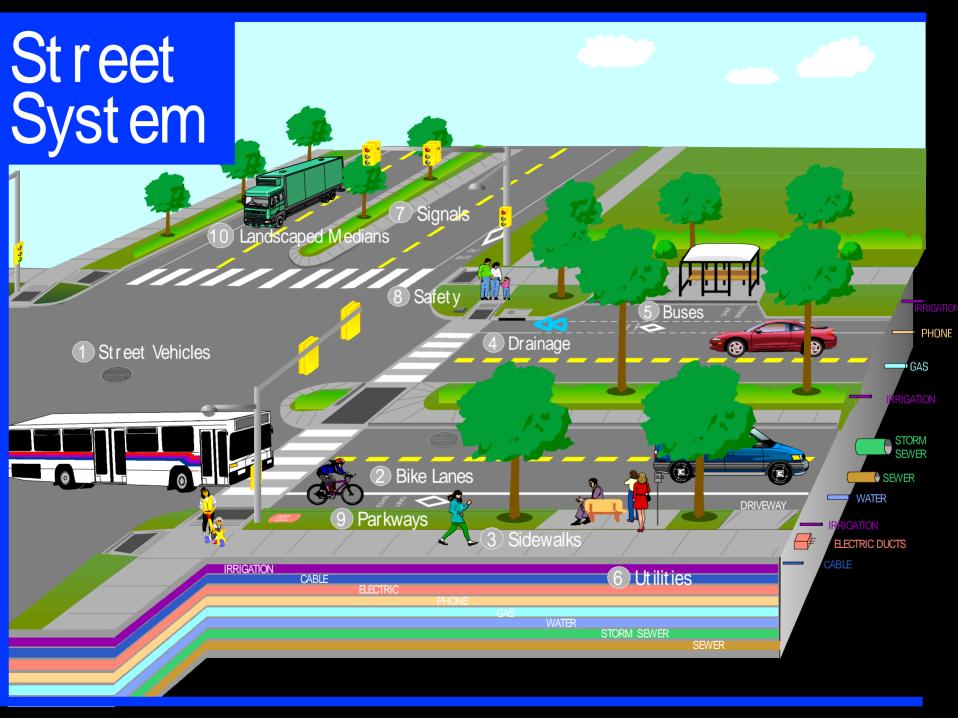


5. Subsurface Area

Characteristics:

Storm Water Drainage

Utilities



Urban Scale

Urban Design Concepts

Well Designed Density



Well Designed Density



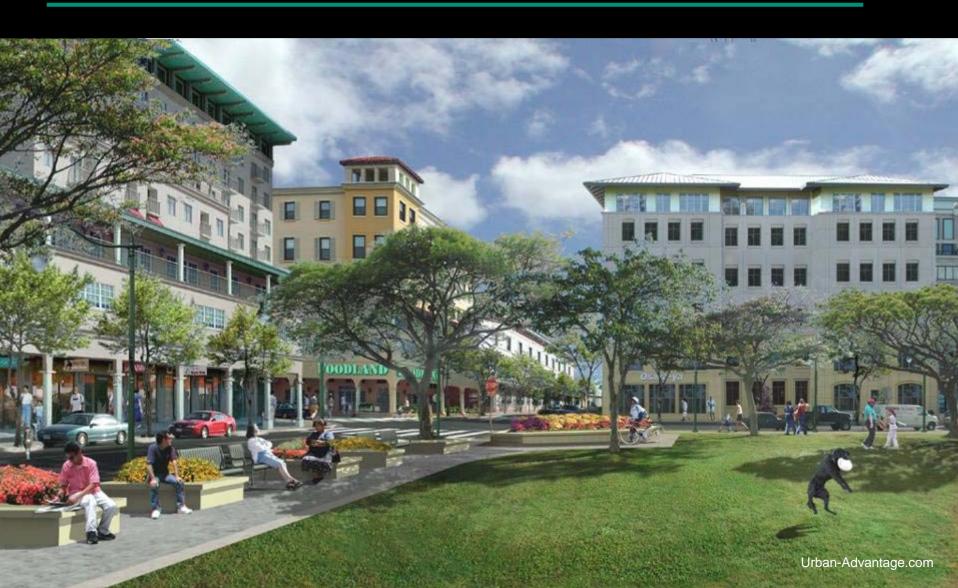
Neighborhood Commercial Center



Transit-Oriented Areas



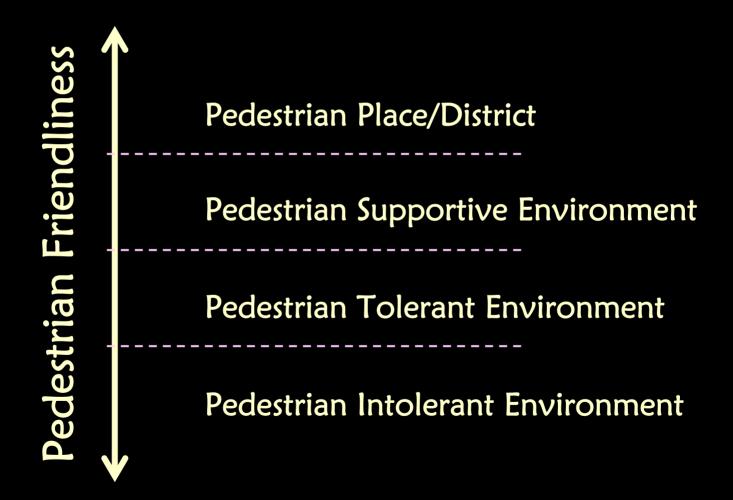
Industrial Sites



Pedestrian Environments

"Pedestrian Friendly"

Pedestrian Environment Continuum



Pedestrian Place/District

- Mixed use with retail
- Gathering place identifiable as a PLACE
- Significant pedestrian presence
- Motor vehicles present, do not dominate
- Supportive transportation required (parking, transit, bike)





Pedestrian Supportive

- Mixed use including residential
- May include gathering PLACES
- Pedestrians present at busy times
- Motor vehicles present, do not dominate









Pedestrian Tolerant

- All land uses except freeway & certain special uses (airport runway, garbage dump, etc.)
- Utilitarian walking & rambling only
- Motor vehicles present, may tend to dominate





Pedestrian Tolerant





Pedestrian Intolerant

- Any land use
- Little or no walking
- Motor vehicles dominate
- Unsafe, unpleasant





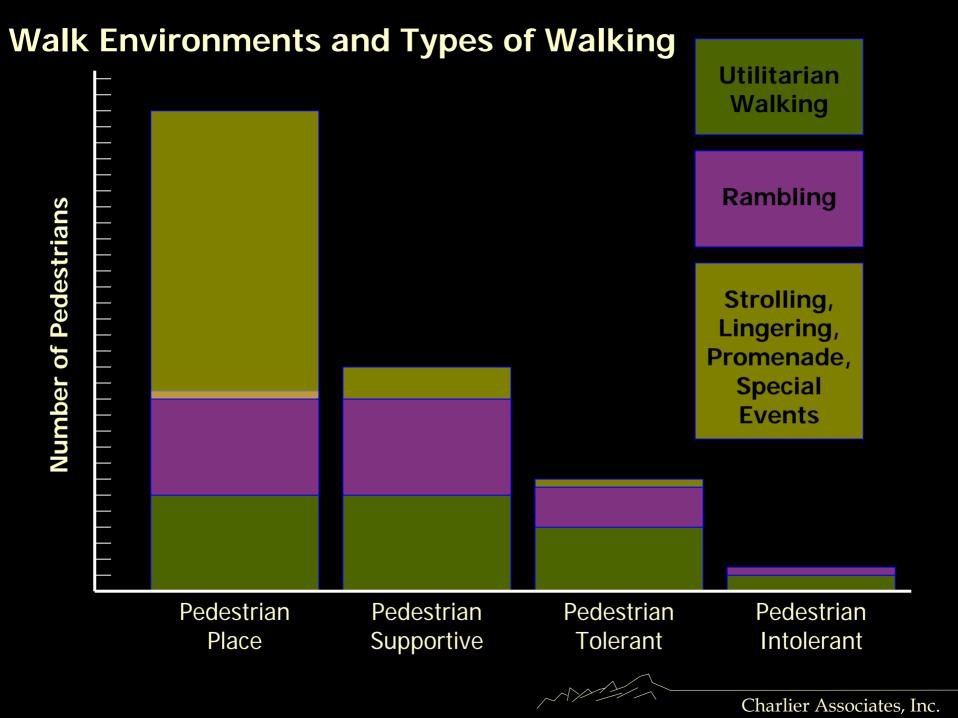












Practical Pedestrian Strategies

- Focus <u>public</u> investment in high priority pedestrian districts and school routes
- Adopt "complete streets" design standards
 - Private development
 - Public works projects (context sensitive)
- Apply concurrency/adequate public facility requirements to development projects
- Designate "safe routes to school"
- Get serious about maintenance

Setting Priorities

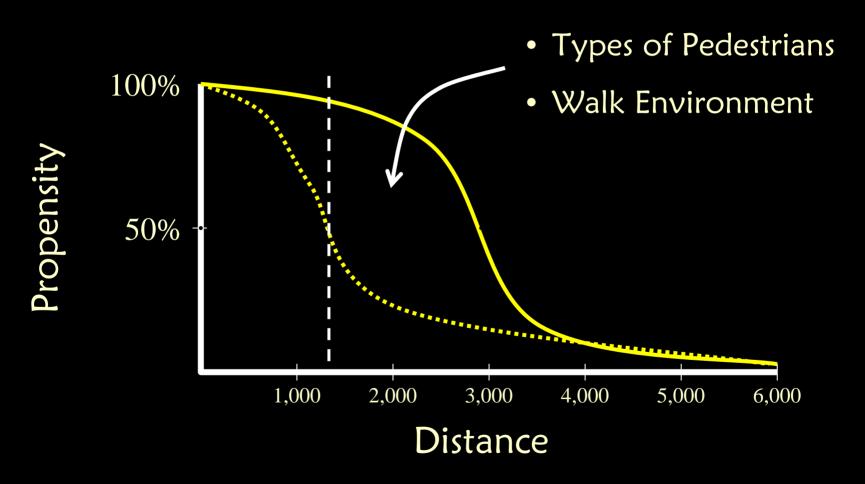
Practical Implementation Strategies



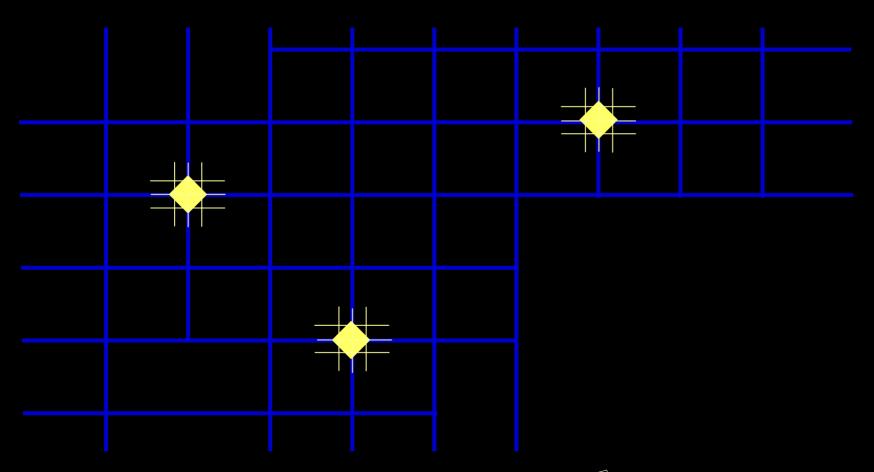




Pedestrian Walk Distance



Real-World Pedestrian Structure (Nodes and Corridors)







Complete Streets – Design Standards

Practical Implementation Strategies



An ITE Proposed Recommended Practice



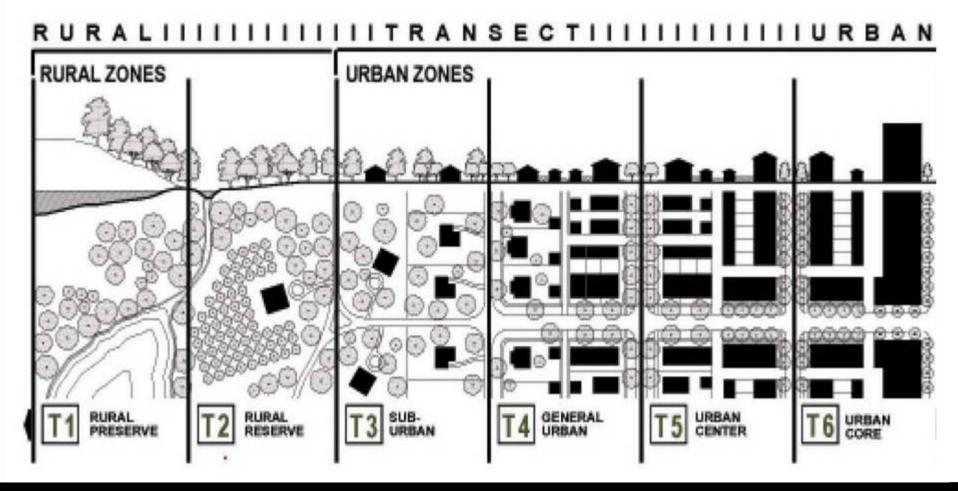
Context Sensitive Solutions in Designing Major Urban Thoroughfares for Walkable Communities

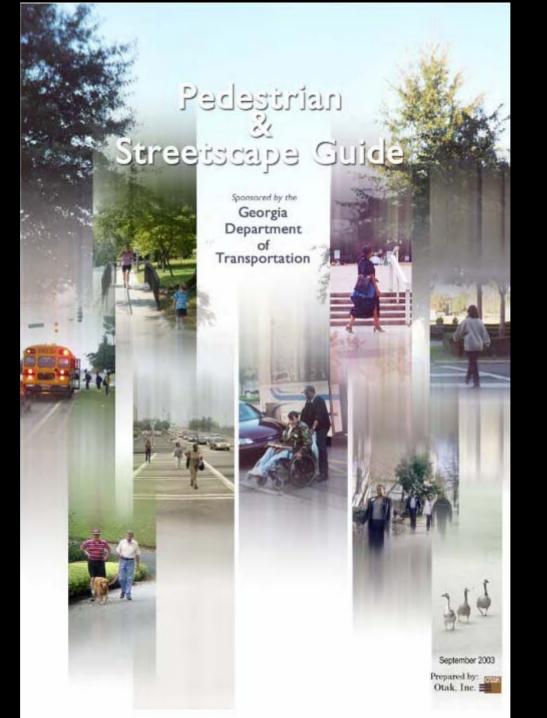




Institute of Transportation Engineers

Design Reflecting Context





Top 3 Pedestrian Design Issues

- 1. Continuous sidewalks both sides of street
- 2. Street crossings
 - Shorten crossings
 - Slow traffic
- 3. Angled curb ramps

1. Continuous Sidewalks

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Sidewalks should be on both sides of the street and continuous



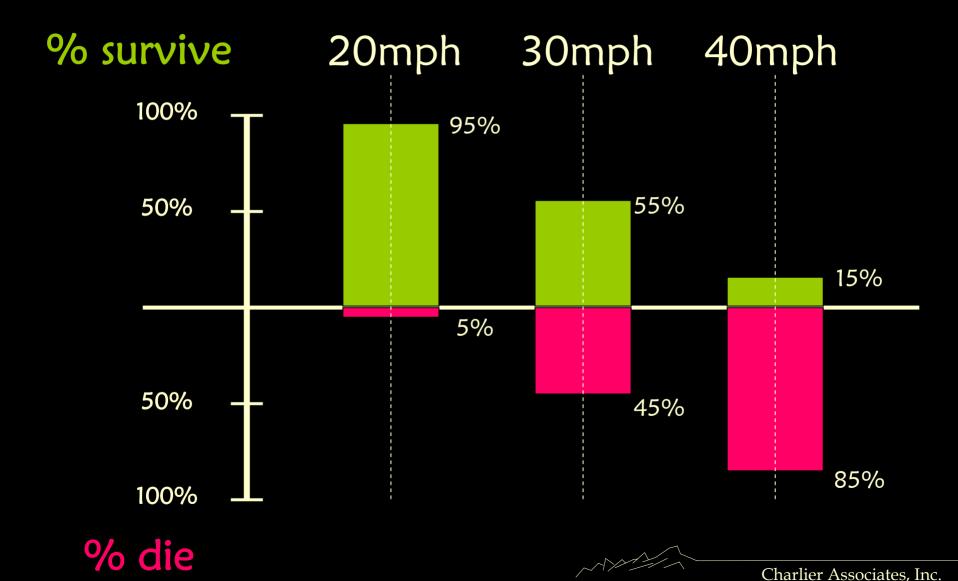
2. Street Crossings

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Pedestrian Survival Rates – Vehicle Speeds

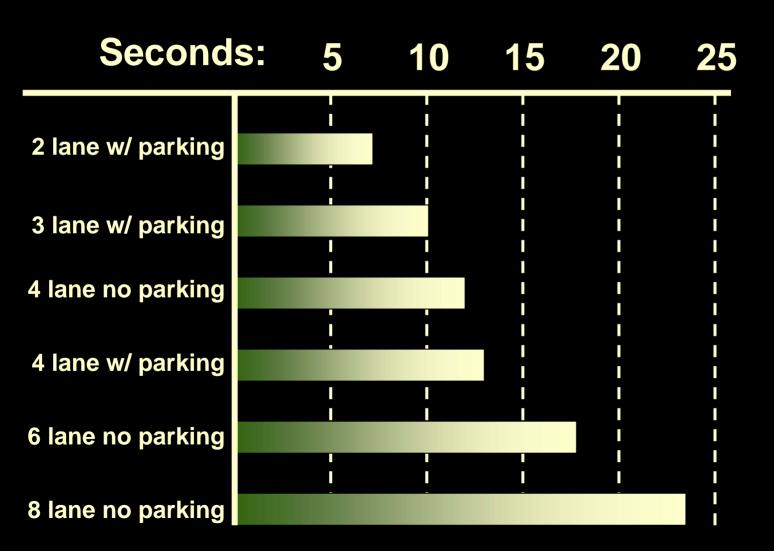




Pedestrian Crossing Time

Curb Extensions: YES

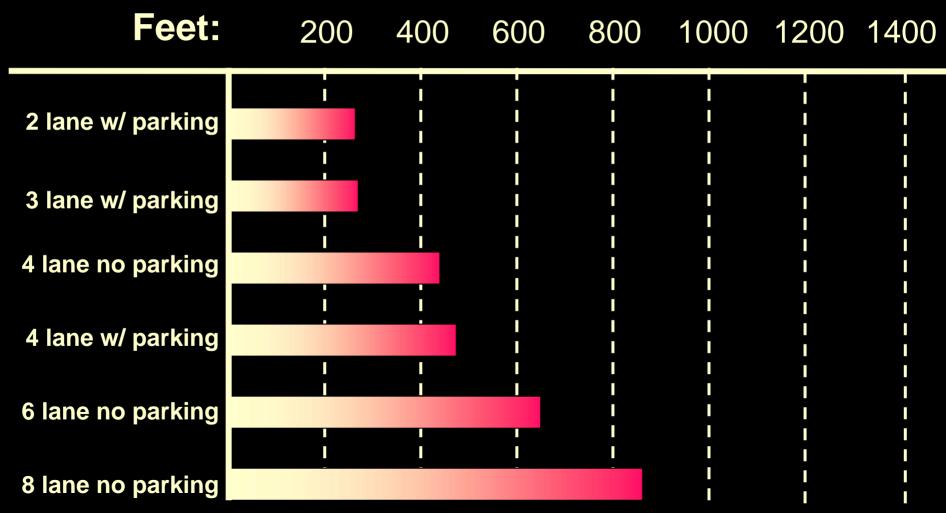
Lane Width: 12 ft | Walk Speed: 250 fpm





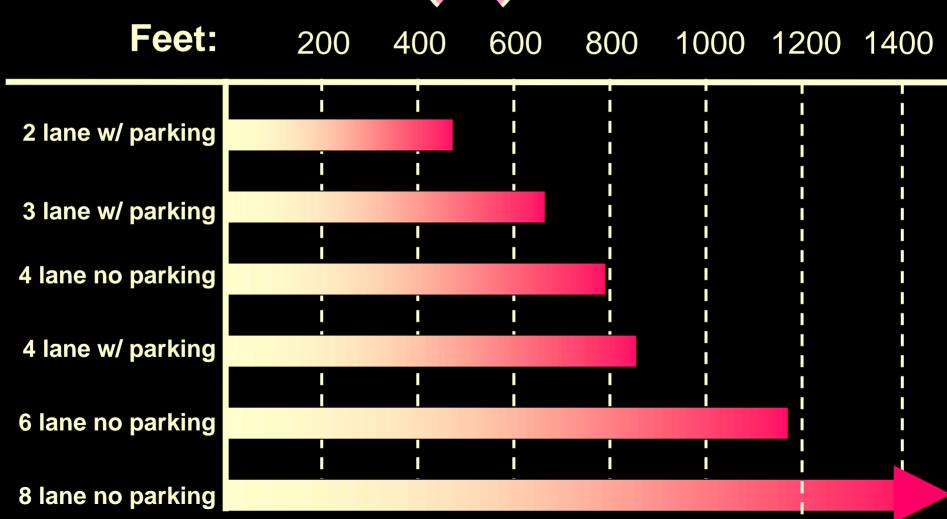
Vehicle Approach Time





Vehicle Approach Time







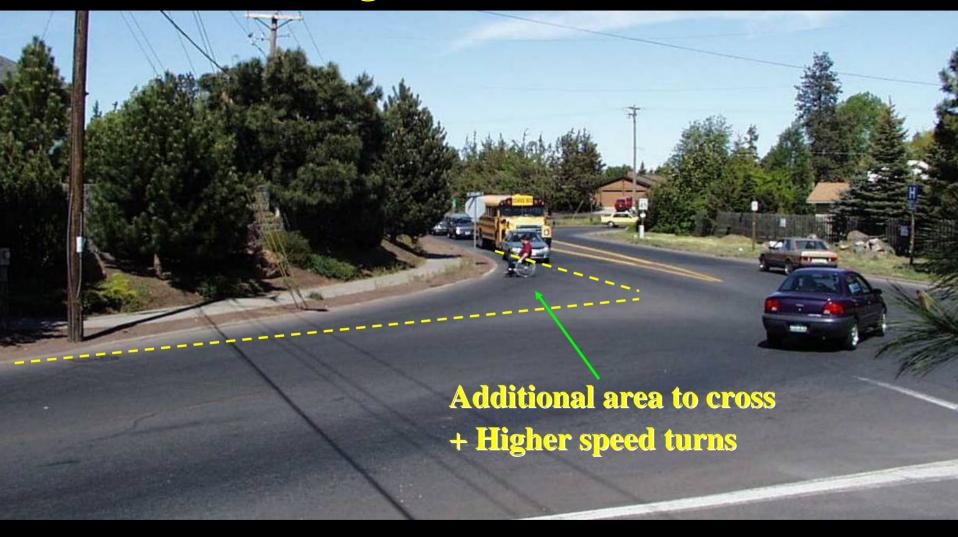




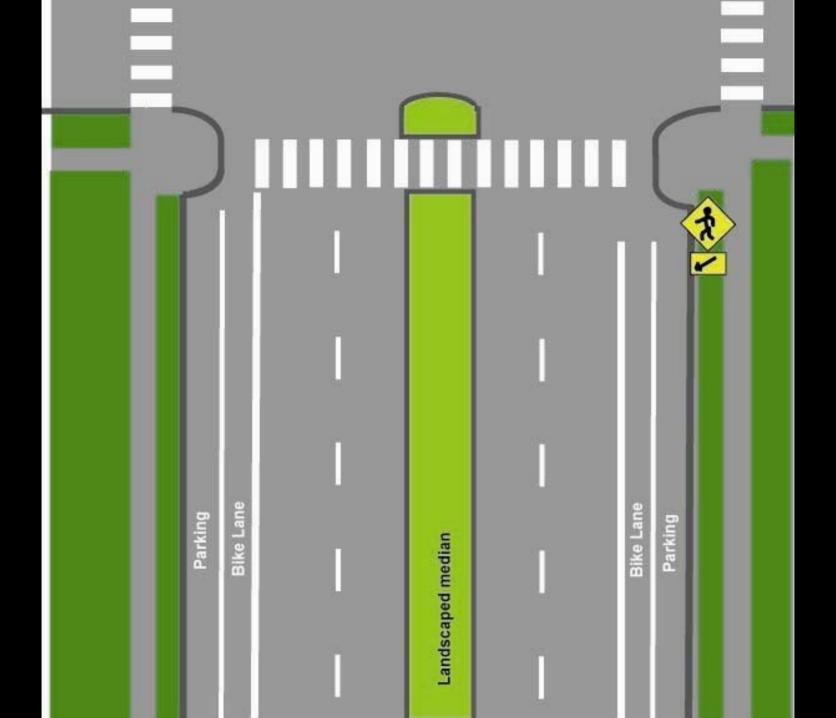


Crosswalks are pushed back

Effect of large radius on crosswalk:







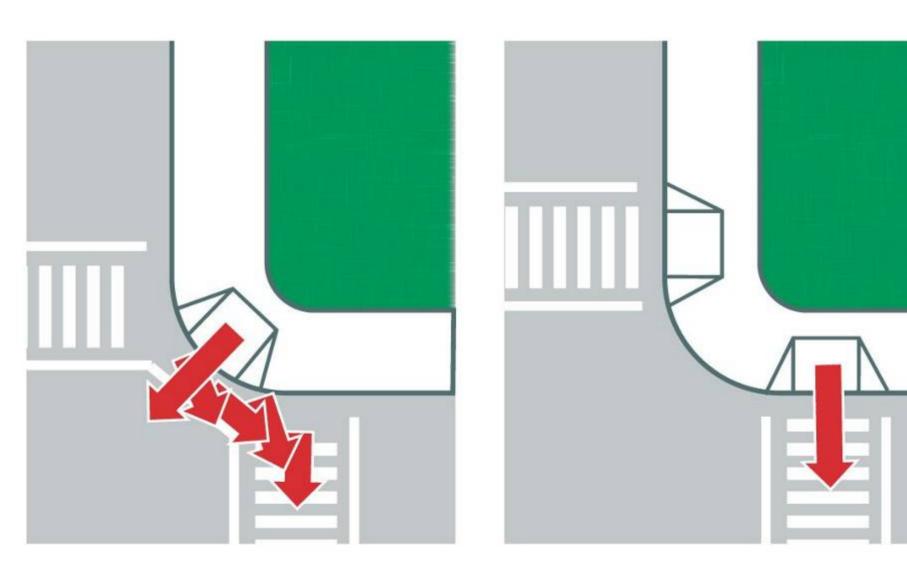
3. Modern Curb Ramps

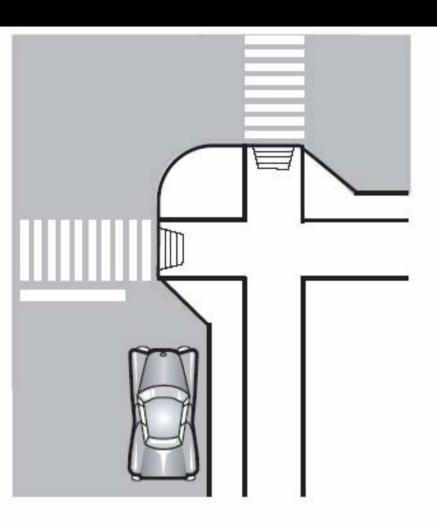
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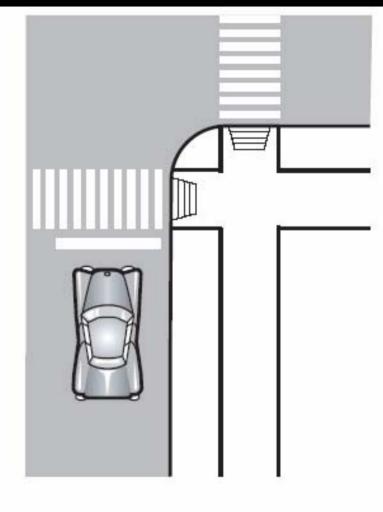


Diagnoal Curb Ramp

Perpendicular Curb Ramp







Pair of perpendicular curb ramps with curb extensions and on-street parking

Pair of perpendicular curb ramps aligning with crosswalks





Bicycle & Non-Motorized Systems





Practical Non-Motorized Strategies

- Build a spine route an iconic corridor
- Formally approve parallel redundancy
- Designate primary & secondary bike corridors and prioritize public spending
- Map missing links
- Create route IDs for primary corridors
- > Take advantage of modern design
- Consider road diets
- Get serious about maintenance
- Use the Web to map/promote bicycling

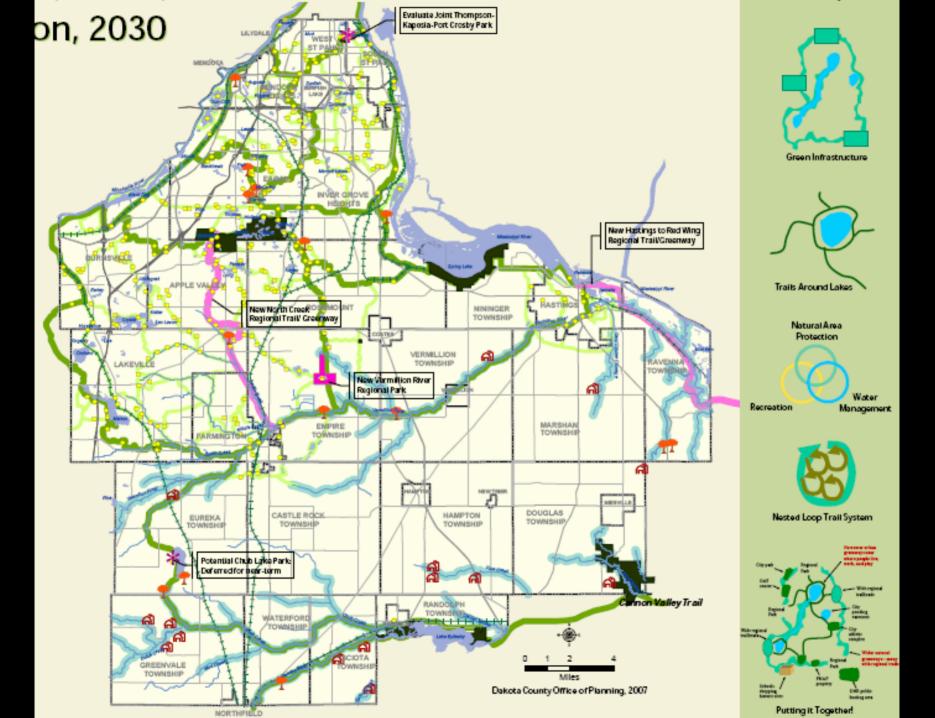
Build a Spine Route (Iconic Corridor)



Boulder Bicycle Network







Formally Approve Parallel Redundancy





"Type A" Cyclist:

- comfortable in traffic
- prefers direct but safe routes
- rides with or without bicycle facilities present

"Type B/C" Cyclist:

- less skilled adults and children
- intimidated by traffic
- prefer designated facilities (bike lanes and multi-use paths)









Designate Primary & Secondary Corridors & Prioritize Funding



Boulder Transportation Master Plan





Importance of Network Connectivity:



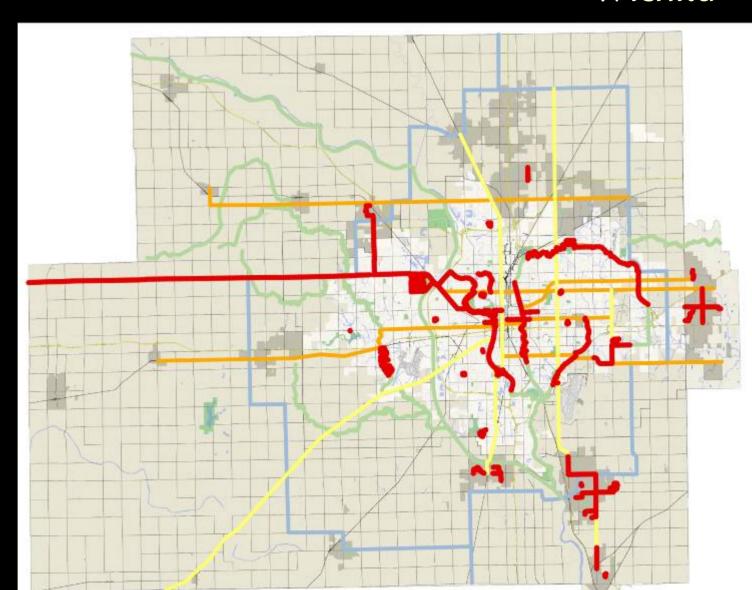
- distance and safety impediments are the major obstacles to overcome
- facility type may change based upon context
- transitions need to be seamless



Primary Corridor System

Wichita

- ▶ 164 miles off-road paths
- 67 miles on-street bicycle lanes
- 18 miles paved shoulders



Map Missing Links



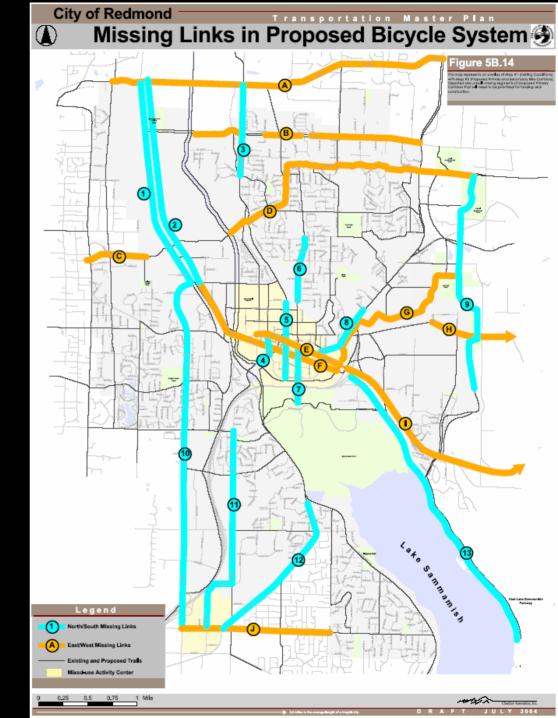


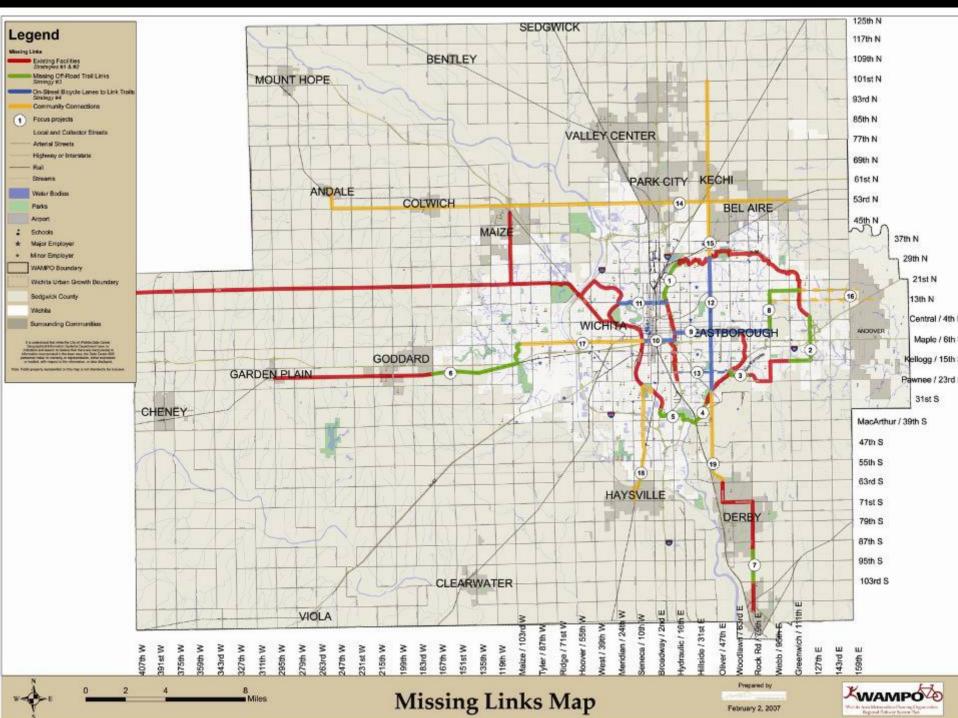
pathway users focus group



pathway users corridor workshop

Redmond
Transportation
Master Plan





Create IDs for Primary Corridors





Apply Modern Design



Paved Shoulders, Pathways or Bike Lanes?

- AASHTO & MUTCD guidelines
- Drop or dash bike lane striping in advance of intersections
- Position bike lanes to left of right-turning vehicular lanes











Consider Road Diets



"Road Diet"

travel lane travel lane travel lane travel lane ROAD DIET APPLICATION TO RESTRIPE AS MULTI-MODAL CORRIDOR 12 ft 5 % bka lme mayel lane center turning lane travel lane bike inte WITH BICYCLE LANES Bike Lane Stripe Pavement marking line \$ in wide solid white Bike Lane Symbol & Arrow Pre-out plastic or stancil pavement markings BOHT do ONLY #R3-17 Install #R3-17 signs and pevernent symbols at periodic intervals along the bicycle fane.

TYPICAL FOUR-LANE

MINOR ARTERIAL

Crash Studies: Vehicle-Vehicle

U.S.DOT FHWA

Highway Safety Information System -- Before and After Testing

Crash frequency

Road diets: 6% lower

Crash severity

No difference

Crash type

- ➤ Road diets had a higher percentage of angle crashes
- ➤ Road diets had a lower percentage of rear-end crashes

Source: HSIS, FHWA

University Place, WA Bridgeport Way: 5-lane to 4-lane

before





after

Results

The City has analyzed speed, accident, and economic development data collected before and after the construction of the Bridgeport Way improvements between 35th and 40th Streets. The project's traffic calming features reduced speeds and crashes while increasing business activity. Average speed decreased by 13 percent and traffic accidents were reduced by 60 percent (see table below).

Safety Measures	Before	After	Change
Posted Speed Limit	6 km/h (35 mi/h)	56 km/h (35 mi/h)	Same
Average Actual Speed	1 km/h (37.6 mi/h)	52 km/h (32.6 mi/h)	-13 %
Average Annual Crashes	19	8 (first year)	-60 %

Table 1. Data from before and after the Bridgeport Way redesign.



Source: PEDSAFE

"Road Diets" Capacity Comparisons

Lane Reductions of Select Street Conversions Volume Changes					
Change ADT	(Before)	(After) Notes			
4 lanes to 2 + TWLTL + bike lanes	23,000	25,913			
4 lanes to 2+ TWLTL+ bike lanes	11,000	12,610			
4 lanes to 2 + TWLTL + bike lanes	13,000	14,500			
4 lanes to 2 + TWLTL + bike lanes	11-14,000	11-14,000			
4 lanes to 2 + TWLTL + bike lanes	23,000	23,000			
4 lanes to 2 + bike lanes + wide sidewalks	15,000	15,000			
4 lanes to 2 + TWLTL	16,900	16,900			
4 lanes to 2 lanes + TWLTL 4 lanes to 2 + median + bike lanes	18,500	18,500			
4 lanes to 2 lanes + TWLTL 4 lanes to 2 + median + bike lanes	20,000	18,000			
	4 lanes to 2 + TWLTL + bike lanes 4 lanes to 2 + TWLTL + bike lanes 4 lanes to 2 + TWLTL + bike lanes 4 lanes to 2 + TWLTL + bike lanes 4 lanes to 2 + TWLTL + bike lanes 4 lanes to 2 + TWLTL + bike lanes 4 lanes to 2 + TWLTL + bike lanes 4 lanes to 2 + TWLTL 4 lanes to 2 lanes + TWLTL 4 lanes to 2 lanes + TWLTL 4 lanes to 2 lanes + TWLTL	Change ADT (Before) 4 lanes to 2 + TWLTL + bike lanes 23,000 4 lanes to 2 + TWLTL + bike lanes 11,000 4 lanes to 2 + TWLTL + bike lanes 13,000 4 lanes to 2 + TWLTL + bike lanes 11-14,000 4 lanes to 2 + TWLTL + bike lanes 23,000 4 lanes to 2 + bike lanes + wide sidewalks 15,000 4 lanes to 2 + TWLTL 16,900 4 lanes to 2 lanes + TWLTL 18,500 4 lanes to 2 lanes + TWLTL 20,000	Change ADT (Before) (After) Notes 4 lanes to 2 + TWLTL + bike lanes 23,000 25,913 4 lanes to 2 + TWLTL + bike lanes 11,000 12,610 4 lanes to 2 + TWLTL + bike lanes 13,000 14,500 4 lanes to 2 + TWLTL + bike lanes 11-14,000 11-14,000 4 lanes to 2 + TWLTL + bike lanes 23,000 23,000 4 lanes to 2 + bike lanes + wide sidewalks 15,000 15,000 4 lanes to 2 + TWLTL 16,900 16,900 4 lanes to 2 lanes + TWLTL 18,500 18,500 4 lanes to 2 lanes + TWLTL 20,000 18,000		

Iowa DOT

4-lane to 3-lane Conversions

Roads with less than 20,000 vehicles per day:

- 20%-30% reduction in crashes (due to reduced conflict points and improved sight distance)
- More user friendly to elderly drivers
- LOS remained the same (intersection delay increased from 6.2 sec/veh to 6.7 sec/veh)
- Improved emergency response time
- Improved pedestrian safety

Get Serious About Maintenance



Maintenance

- Spot improvement program
 - Standard reporting and responsibility assignment
- On-street facility maintenance
 - Sweep right hand edges
 - Maintain drainage grates
- Off-street facility maintenance
 - Remove loose material from pathway surface
 - Fix rough surfaces and post warning signs
- Prioritize snow removal









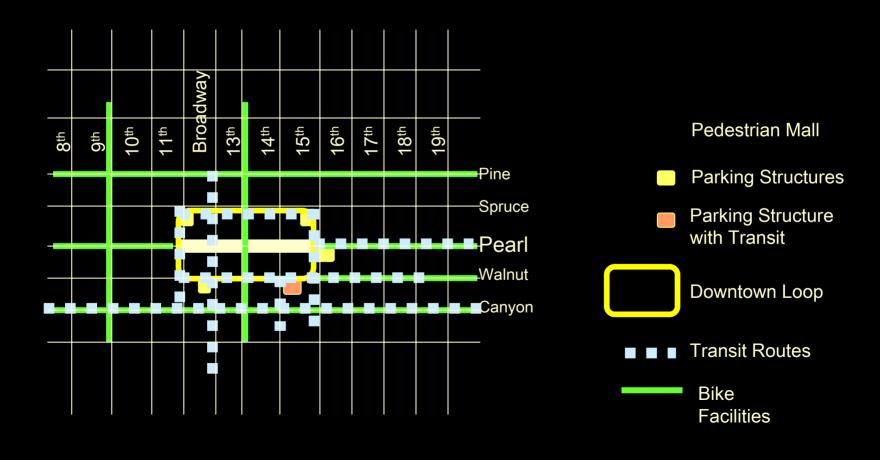
A pedestrian district – or is it?

Practical Implementation Examples





Pearl Street "Pedestrian Mall"















Boulder's "pedestrian mall" works because ...

... it is an integral part of an intermodal system

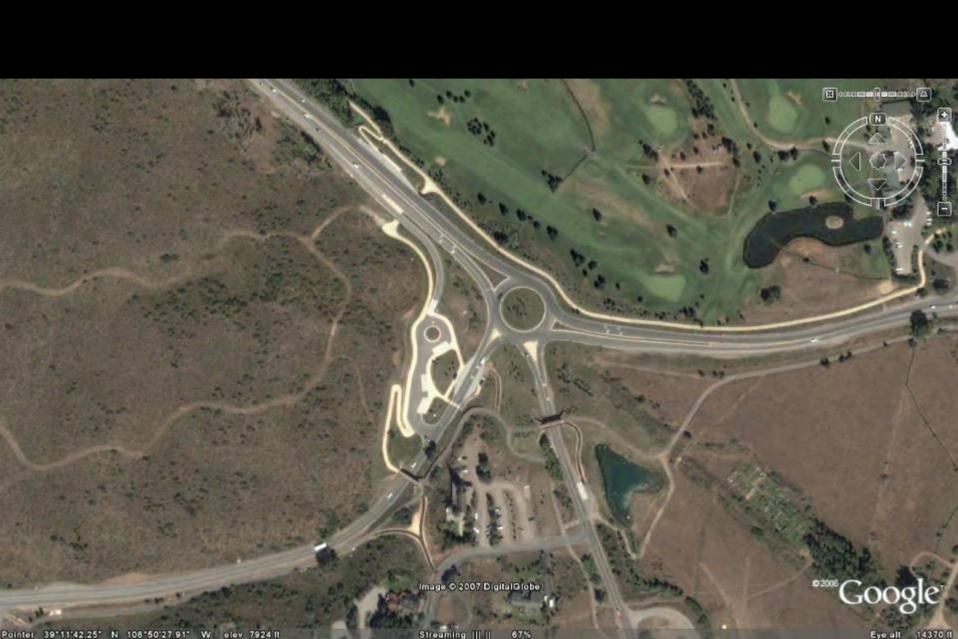
Pushing the envelope: safe routes to school

Practical Implementation Examples













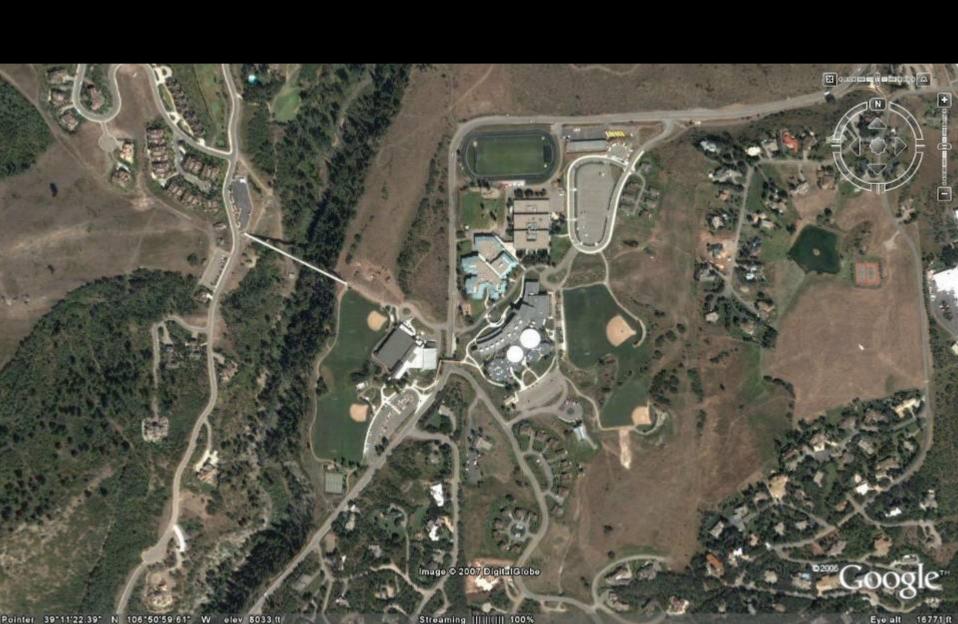








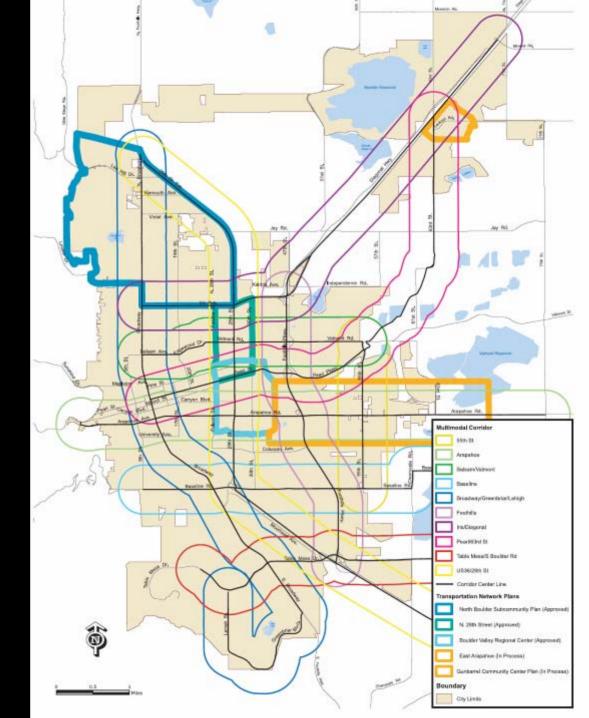


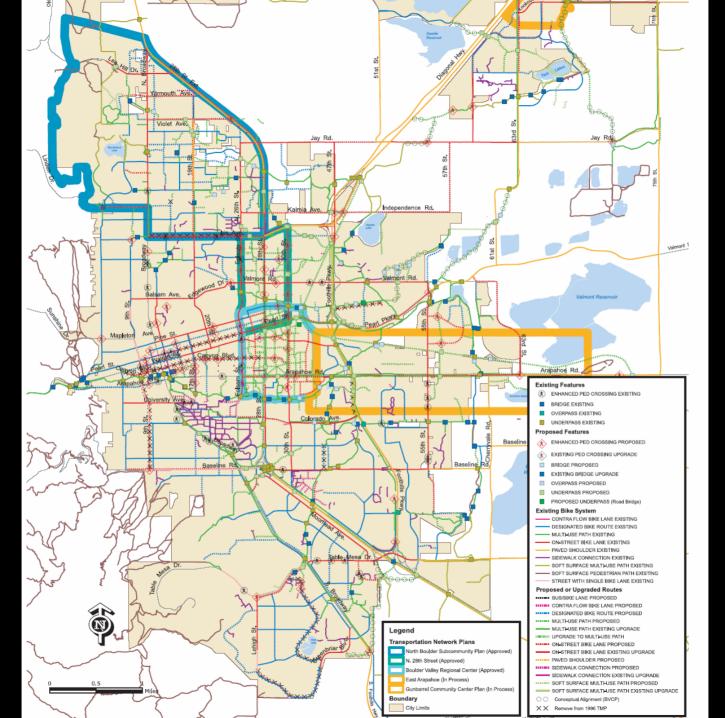


Small steps with big results

Practical Implementation Examples

Boulder's Multimodal Corridors













www.charlier.org